

**Subject:** [EXTERNAL] KS Kapalama Winter Sports Start Dates  
**Date:** Friday, January 18, 2019 at 12:06:26 PM Hawaii-Aleutian Standard Time  
**From:** Parents & Alumni Relations  
**To:** Rachelle Saffery  
**Attachments:** ATT00001.jpg

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***Aloha Grade 7 - 12 'Ohana,***

*Start dates and tryouts for the winter season are fast-approaching, and the upcoming start dates for the winter sports can be found below. The following requirements must be met in order to participate in tryouts or practices:*

- Complete the online sign-up form: <https://kamehameha-kapalamawarriors.org/main/otherad/contentID/47427541>
- Turn in an up-to-date (within the past 13 months) physical exam form to Mālama Ola.
- Sign and complete the KS Handbook Acknowledgement and Athletics Participation Agreement on KS Connect.

*All dates and locations are subject to change. The most updated sign-ups information can be found on the Athletics website: <https://kamehameha-kapalamawarriors.org/main/adnews/ID/48421633>. For questions regarding athletic forms or eligibility, please contact the Athletics Office by calling (808) 842-8842.*

**SOFTBALL**

**TRACK & FIELD**

<p>Open to Grades 7-12  Start Date: Monday, January 28, 2019 at 3:45 PM  Location: Intermediate Field  Contact: Coach Leo Sing Chow at <a href="mailto:leolani15@yahoo.com">leolani15@yahoo.com</a></p>	<p>Open to Grades 7-12  Start Date: Monday, January 28, 2019 at 3:45 PM  Location: Kūnuiākea Stadium  Contact: Assoc. Head Coach JP Plencner at <a href="mailto:joplencn@ksbe.edu">joplencn@ksbe.edu</a></p>
<p><b>BASEBALL</b>  Open to Grades 7-12  Start Date: Monday, February 4, 2019 at 3:45 PM  Location: Maluna and Mawaena Fields  Contact: Coach Daryl Kitagawa at <a href="mailto:dkkitagawa@trane.com">dkkitagawa@trane.com</a></p>	<p><b>GOLF</b>  Open to Grades 7-12  Start Date: Monday, February 4, 2019 at 3:45 PM  Location: Koai'a Classroom 302-303  Contact: Coach Charlee Kapiioho at <a href="mailto:ckapiioho@gmail.com">ckapiioho@gmail.com</a></p>
<p><b>JUDO</b>  Open to Grades 7-12  Start Date: Monday, February 4, 2019 at 3:45 PM  Location: Kekūhaupi'o Dance Room  Contact: Coach Christian Aarona at <a href="mailto:ksbejudo@gmail.com">ksbejudo@gmail.com</a></p>	<p><b>BOYS VOLLEYBALL</b>  Open to Grades 7-12  Start Date: Monday, February 4, 2019 at 3:45 PM  Location: Kekūhaupi'o and Keawe Gyms  Contact: Coach Randy Nako at <a href="mailto:randynako@gmail.com">randynako@gmail.com</a></p>
<p><b>SAILING</b>  Open to Grades 9-12  Start Date: Monday, February 4, 2019  Location: TBD  Contact: Coach Randall Maxedon at <a href="mailto:ramaxedo@ksbe.edu">ramaxedo@ksbe.edu</a></p>	<p><b>GIRLS WATER POLO</b>  Open to Grades 7-12  Start Date: Monday, February 4, 2019 at 3:45 PM  Location: Kalani'ōpu'u Pool  Contact: Coach Curt Ai at <a href="mailto:cai@ksbe.edu">cai@ksbe.edu</a></p>
<p><b>BOYS VARSITY TENNIS</b>  Open to Grades 9-12  Start Date: Monday, February 11, 2019 at 3:45 PM  Location: Kamehameha Tennis Courts  Contact: Coach Chris Parish at <a href="mailto:christopher.parish@imua.ksbe.edu">christopher.parish@imua.ksbe.edu</a></p>	<p><b>GIRLS VARSITY TENNIS</b>  Open to Grades 9-12  Start Date: Monday, February 11, 2019 at 3:45 PM  Location: Kamehameha Tennis Courts  Contact: Coach Randy Shin at <a href="mailto:kekoalaka@icloud.com">kekoalaka@icloud.com</a></p>

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