

Subject: [EXTERNAL] KS Kapalama Football Start Dates
Date: Tuesday, June 18, 2019 at 3:55:56 PM Hawaii-Aleutian Standard Time
From: Parents & Alumni Relations
To: Rachelle Saffery
Attachments: ATT00001.jpg

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KAMEHAMEHA SCHOOLS KAPĀLAMA

PARENTS & ALUMNI RELATIONS

Aloha KS Kapālama 'Ohana,

Start dates and tryouts for the Football season are fast-approaching, and the upcoming start date information can be found below. The following requirements must be met in order to participate in tryouts or practices:

- Complete the online sign-up form*: <https://kamehameha-kapalamawarriors.org/main/otherad/contentID/47427543>
- Turn in an up-to-date (within the past 13 months) physical exam form to Mālama Ola.
- Sign and complete the Athletics Agreement and Release on KS Connect.

* **NOTE:** Students who have already signed up for summer conditioning do not need to complete a separate sign-up form for the Fall season.

Information for other Fall sports will be posted and announced at the beginning of July. All dates and locations are subject to change. The most updated sign-ups information can be found on the Athletics website: <https://kamehameha-kapalamawarriors.org/main/adnews/ID/49500080>. For questions regarding athletic forms or eligibility, please contact the Athletics Office by calling (808) 842-8842.

JV/VARSITY FOOTBALL

Open to Grades 9-12

Mandatory Tryouts Start Date: Monday, July 15, 2019

-- 1:30 PM: JV Strength and Conditioning

-- 2:30 PM: Varsity Strength and Conditioning

-- 4:15 PM: JV Practice at Maluna Field

-- 4:15 PM: Varsity Practice at Kūnuiākea Stadium

Contact: Coach Abu Ma'afala at almaafal@ksbe.edu

INTERMEDIATE FOOTBALL

Open to Grades 7-9

Mandatory Tryouts Start Date: Monday, July 29, 2019 at 3:45 PM

Location: Intermediate Field

Contact: Coach Abu Ma'afala at almaafal@ksbe.edu

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